



FREEPORT-McMoRAN

Freeport-McMoRan Medical Advisory for Japan

The following immunizations are required for Freeport-McMoRan personnel residing in Japan. Immunizations are not required for short-term business visits.

1. Twinrix (Hepatitis A/B combined). The Twinrix vaccine protects against Hepatitis A and Hepatitis B. It is a series of vaccines consisting of 3 doses spaced out over approximately 6 months. The first dose is given on day 0. The second dose is given 1 month after the first dose, and the third dose is given 6 months after the first dose. (Alternatively, an accelerated schedule can be used at days 0, 7 and 21-30 with a 12-month booster.)
2. Oral Typhoid (parenteral also an option for those who have difficulty swallowing capsules, are non-compliant or have less than 8 days before travel commences).
3. Influenza, when available.
4. Meningococcal vaccine. (Menomune for ages > 2 yrs.) (Menactra for ages 2-55)
5. Tdap (tetanus, diphtheria, pertussis) booster, if >10 yrs. since last booster.
6. eIPV (inactivated polio vaccine booster for those vaccinated in childhood against polio who have never received a booster as an adult).
7. Japanese Encephalitis

Immunization boosters are the responsibility of the employee to receive at the recommended schedule.

Traveling out of urban areas, especially from dusk to dawn, care should be taken with clothing and repellants to avoid insect bites.

The following medication should be brought with you during your travel to Japan for travel out of urban areas:

1. Imodium A-D
2. DEET insect repellant